



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Preschool Lunch Menu for February, 2012

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		1		2		3			
		4 pc. Swedish Meatballs ½ cup White Rice ¼ cup 3 Vegetable Blend ½ Fresh Banana ½ pc. Whole Grain Wheat Bread	¾ cup Pizza Noodle Bake ½ cup Tossed Salad 2 tsp. Creamy Italian Dressing ¼ cup Cinnamon Applesauce ½ pc. Wheat Bread ¾ cup Milk		1 pc. Hamburger Au Jus ¼ cup Macaroni and Cheese ¼ cup Capri Vegetable Blend ¼ cup Mandarin Oranges 1 Mini Wheat Hamburger Bun ¾ cup Milk				
6		7		8		9		10	
4 pc. Chicken Nuggets ¼ cup Cheesy Mashed Potatoes ¼ cup Peas ¼ cup Tropical Fruit 1 Mini Wheat Hamburger Bun ¾ cup Milk		½ cup Cheesy Chicken ¼ cup Diced Parsley Potatoes ½ cup Tossed Salad 2 tsp. French Dressing ¼ cup Cranberry Applesauce 1 Wheat Dinner Roll ¾ cup Milk		¼ cup Turkey Taco Meat 2 tsp. Cheddar Cheese ¼ cup Shredded Lettuce ¼ cup Oregon Vegetable Blend ½ Fresh Orange 1 Soft Flour Tortilla ¾ cup Milk		4 pc. Meatballs in Tomato Gravy ¼ cup Mashed Sweet Potatoes ¼ cup Italian Vegetable Blend ½ Fresh Banana ½ pc. Wheat Bread ¾ cup Milk		½ cup Turkey Chili ½ cup White Rice ¼ cup 4 Vegetable Blend ¼ cup Cranberry Applesauce ½ cup Corn Chips ¾ cup Milk	
13		14		15		16		17	
½ cup Hawaiian Chicken ½ cup White Rice ¼ cup Capri Vegetable Blend ¼ cup Pineapple Chunks ½ pc. Italian Bread		4 pcs. BBQ Meatballs ¼ cup Mashed Potatoes ¼ cup Corn ¼ cup Tropical Fruit 1 Soft Flour Tortilla ¾ cup Milk		½ cup Chicken Cacciatore ½ cup Penne Pasta ¼ cup Winter Vegetable Blend ½ Fresh Banana ½ pc. Wheat Bread ¾ cup Milk		¼ cup Beef Taco Meat 2 tsp. Cheddar Cheese ¼ cup Shredded Lettuce ¼ cup 3 Vegetable Blend ½ Fresh Orange 1 Soft Flour Tortilla ¾ cup Milk		¾ cup Cheese Tortellin in Meat Sauce 4 pc. Cucumber Slices 2 tsp. Ranch Dip ¼ cup Tropical Fruit ¾ cup Milk	
20		21		22		23		24	
4 pc. Meatballs Au Jus ¼ cup Mashed Potatoes ¼ cup Green Beans ¼ cup Applesauce ½ pc. Wheat Bread ¾ cup Milk		½ cup Beef Chili ½ cup Tossed Salad 2 tsp. 1000 Island Dressing ¼ cup Sliced Pears ½ pc. Rye Bread ¾ cup Milk		½ cup Beefy Sloppy Joe ¼ cup Macaroni and Cheese ¼ cup Peas and Carrots ¼ cup Tropical Fruit 1 Mini Wheat Hamburger Bun ¾ cup Milk		¼ cup Chicken Chop Suey ½ cup White Rice ¼ cup Capri Vegetable Blend ½ Fresh Apple ½ cup Corn Chips ¾ cup Milk		3 pc. Chicken Tenders 2 tsp. Ranch Dip 4 pc. Zucchini Slices 2 tsp. Ranch Dip ¼ cup Sliced Peaches ¾ cup Milk	
27		28		29					
½ cup Chicken Marinara ½ cup Penne Pasta ¼ cup Winter Vegetable Blend ¼ cup Sliced Pears ½ pc. Wheat Bread ¾ cup Milk		1 pc. Chicken Patty ¼ cup Mashed Potatoes ¼ cup Green Beans ½ Fresh Apple ¾ cup Milk		4 pc. Swedish Meatballs ½ cup White Rice ¼ cup 3 Vegetable Blend ½ Fresh Banana ½ pc. Whole Grain Wheat Bread					