



LICENSED AND CERTIFIED MASSAGE THERAPISTS



Dori Conn

Studied massage at: Connecticut Center for Massage Therapy

Dori has practiced massage and shiatsu since 1993 and has been a doula since 1995. She specializes in massage for relaxation, pain relief, and perinatal massage (including pregnancy, labor support, postpartum, and infant massage instruction). She combines clinical skill, intuition, and personal connection to address problematic areas while supporting the individual. She favors techniques that stem from simple respect for how people function. In addition to her massage certifications, Dori holds a bachelor's degree in education from Northwestern University.



Eloin Rodriguez

Nationally Certified Massage Therapist

Studied at: European Massage Therapy School, Skokie, IL

Eloin's specialties include swedish massage, deep tissue, trigger point therapy, body mobilization techniques, and proprioceptive neuromuscular facilitation. Alleviating the burdens of everyday life with therapeutic massage can be beneficial.



Ralph Reffas

Studied massage at: The Soma Institute, Chicago, IL

The National School of Clinical Massage Therapy, Chicago, IL

Ralph is a Licensed Master Massage Therapist who uses multiple massage modalities to tailor therapy toward the individual needs of clients of all ages. Ralph specializes in swedish massage, deep tissue, trigger point therapy, chair massage, and sport massage.



Sono Fujii

Studied massage at: Chicago School of Massage Therapy

Massage Specialties: Relaxation (Swedish) massage; therapeutic massage including treatment of disorders such as forearm tendonitis, low back decompression, IT Band Syndrome, and plantar fasciitis. She graduated from Evanston Township High School in 1969 and returned to Evanston after graduate school. She is a professional member of the American Massage Therapy Association. Where appropriate, Sono likes to incorporate energy techniques into her massage work.



Sarah Kerr

Studied with: The Soma Institute, Chicago, IL;

The National School of Clinical Massage Therapy, Chicago IL;

Hawaiian Temple Bodywork, Calabasas, CA;

Sarah specializes in Lomi Lomi massage, which incorporates long, flowing movements with forearms and flat hands in a wave-like rhythm. This experience facilitates relaxation and boosts the body's innate ability to heal at a cellular level. Where appropriate, Sarah also compliments her massage therapy sessions with energy work. Sarah is also a therapist in Reiki and Reconnective Healing, both of which are energy techniques to promote well-being while reducing pain and anxiety.