



SEBRING LEWIS CENTER February 6-12

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	North	South	North	South	North	South	North	South	North	South	North	South	North	South
5		OPEN 5-6a		OPEN 5-6a		OPEN 5-6a		OPEN 5-6a		OPEN 5-6a				
6		Basic Training 6-7a		MITLI 6-7a		Basic Training 6-7a		MITLI 6-7a		Basic Training 6-7a				
7		OPEN GYM 7a-10:30a		OPEN GYM 5-10:30a		OPEN GYM 7a-8:30a		OPEN GYM 5a-10:30a		OPEN GYM 6a-8:30a		OPEN GYM 6:00-10:00a		OPEN GYM 7-9a
8												Set Up		
9				CC GYM Lions		CC GYM Caterpillars		CC GYM Caterpillars		CC GYM Preschool		Set Up	Zumba 9:30-10:30a	FAMILY FUM GYM 9:30-11:00p
10	OPEN GYM 5:00a-9:00p	MITLI 10:30-11:30a	Body Shaping 10:30-11:30a	Toddler Play Time	OPEN GYM 7:00a-6:45p	Flying Fish	Body Shaping 10:30-11:30	Wiggle Worms	OPEN GYM 5:00-6:30p	Eagles	TWD 10:30-11:30p	YOUTH BASKETBALL LEAGUE 9:00-4:00p	OPEN	Gym Party 11-12p
11				Butterflies		Toddler Play Time		Lions		Lady Bugs	Take Down		GYM 10:30-3:45p	FAMILY FUM GYM 12:00-1:45p
12		OPEN GYM 11:30a-4:00p	OPEN GYM 11:30-5:30p	Take down		Fireflies		Butterflies		Take down	YOUTH BASKETBALL LEAGUE 12:00-4:00p			Gym Party 2-3p
1				Take down		Take down		Take down						
2				OPEN GYM 12:30-4:30P		OPEN GYM 1230-4:00p		OPEN GYM 11:30-5:00p		OPEN GYM 12:30-5:00p	TWD 12:30-1:30p			
3														
4		Project Y 4:00-4:30p				Project Y 4:00-4:30								
5		Schools Out 4:30-5:30p		Schools Out 4:30-5:30p		Schools Out 4:30-5:30p		Set Up		Set Up				
6			FAAM/Y BB 5:30-7:00p		Set Up		NSA VOLLEYBALL 5:30-10:00p	TKD Tiger Cubs 5:15-6p		Family Fun Gym 4:30-6:30pm		OPEN GYM 4:00-6:45pm	ADULT SOCCER LEAGUE 4-10p	ADULT SOCCER LEAGUE 4-10p
7		NSA VOLLEYBALL 5:30-10:00p		NSA VOLLEYBALL 5:30-9:30p		NSA VOLLEYBALL 5:30-9:00p		Tigers 6-7p	Y BB Practice 6:30-8p	Y BB Practice 6:30-8p				
8			OPEN GYM 7:00-9:00p					Teen & Adult 7:15-8:45p	OPEN GYM 8-9p	Gym Rental 8-9:30p				
9	Adult Open 9:00-10:00p		Adult Open 9:00-10:00p	Take Down	Adult Open 9:00-10:00p	Adult Open 9:00-10:00p		Take Down	Adult Open 9:00-10:00p	Set Up				

Schedule subject to change. Updated information at www.mcgawymca.org
 Youth under the age of 11 must be accompanied by an adult



SEBRING LEWIS CENTER

February 13-19

NO SCHOOL

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday			
North	South	North	South	North	South	North	South	North	South	North	South	North	South		
OPEN GYM 5:00a-9:00p	OPEN 5-6a	OPEN GYM 5:00-10:30a	OPEN 5-6a	OPEN GYM 5:00-6:45p	OPEN 5-6a	OPEN GYM 5:00-10:30a	OPEN 5-6a	OPEN GYM 5:00a-6:30p	OPEN 5-6a	OPEN GYM 6:00-10:00a	OPEN GYM 6:00-8:30a Set Up	OPEN GYM 7-9:30a	OPEN GYM 7-10:15a		
	Basic Training 6-7a		MITLI 6-7a		Basic Training 6-7a		MITLI 6-7a		Basic Training 6-7a					MITLI 6-7a	Basic Training 6-7a
	OPEN GYM 7:00-10:30a		OPEN GYM 7:00-8:30a		OPEN GYM 7:00-8:30a		OPEN GYM 7:00-8:30a		OPEN GYM 7:00-8:30a					OPEN GYM 7:00-8:30a	OPEN GYM 7:00-8:30a
	MITLI 10:30-11:30a		Body Shaping 10:30-11:30a		CC GYM Lions Toddler Play Time Cheetahs Butterflies Take down		Body Shaping 10:30-11:30p		CC GYM Caterpillars Flying Fish Toddler Play Time Fireflies Take down					Body Shaping 10:30-11:30p	CC GYM Caterpillars Wiggle Worms Lions Butterflies Take down
	OPEN GYM 11:30-4:00p		OPEN GYM 11:30-5:30p		OPEN GYM 12:30-4:30P		OPEN GYM 12:30-4:00P		OPEN GYM 11:30-5:00p					OPEN GYM 12:30-5:00p	OPEN GYM 12:30-5:00p
	Project Y 4:00-4:30		Schools Out 4:30-5:30p		Schools Out 4:30-5:30p		Project Y 4:00-4:30		Schools Out 4:30-5:30p					Schools Out 4:30-5:30p	Schools Out 4:30-5:30p
	NSA VOLLEYBALL 5:30-10:00p		FAAM/YBB 5:30-7:00p		NSA VOLLEYBALL 5:30-9:30p		NSA VOLLEYBALL 5:30-9:00p		NSA VOLLEYBALL 5:30-10:00p					NSA VOLLEYBALL 5:30-9:00p	NSA VOLLEYBALL 5:30-9:00p
	Adult Open 9:00-10:00p		OPEN GYM 7:00-9:00p		Adult Open 9:00-10:00p		Adult Open 9:00-10:00p		Adult Open 9:00-10:00p					Adult Open 9:00-10:00p	Adult Open 9:00-10:00p
			Adult Open 9:00-10:00p		Adult Open 9:00-10:00p		Adult Open 9:00-10:00p		Adult Open 9:00-10:00p					Adult Open 9:00-10:00p	Adult Open 9:00-10:00p
			Take Down		Take Down		Take Down		Take Down					Take Down	Take Down

Schedule subject to change. Updated information at www.mcgawymca.org
Youth under the age of 11 must be accompanied by an adult