



4 Lane Pool Schedule January 16- March 25

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim			
6:00	5:30-6:30am	5:30-6:30am	5:30-6:30am	5:30-6:30am	5:30-6:30am	Lap Swim 6:00-7am		
6:30	Adult Swim 6:30-8:30am	Adult Swim 6:30-8:30am	Adult Swim 7:00-9am	Adult Swim 6:30-8:30am	Adult Swim 6:30-8:30am	Adult Swim 7:00-8am	Lap Swim 7-8am	
7:00							8-9am	
7:30							Adult Swim	
8:00							Adult Swim	
8:30	Open Swim	Open Swim	Swim Lessons 9:00-11:45am	Open Swim	Open Swim	Swim Lessons 8:00-12pm	Adult Swim	
9:00	8:30-9:15am	8:30-9:30am		8:30-9:30am	8:30-9:30am		Aqua Fit 9-9:55am	
9:30	Swim Lessons 9:15-11:45am	Swim Lessons 9:30-11:45am		Swim Lessons 9:30-11:45am	Swim Lessons 9:30-11:45am		Family Swim 11-12pm	Swim Lessons 10:00-12pm
10:00								
10:30								
11:00								
11:30								
12:00	AOA Power	Deep Water	Aqua Zumba	Deep Water	Aqua Games	Family Swim 12:00-2pm	Family Swim 12:00-2pm	
12:30	12-12:50pm	12-12:50pm	12-12:50pm	12-12:50 pm	12-12:50pm			
1:00	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Pool Parties 2:00-4pm	Pool Parties 2:00-4pm	
1:30	12:50-2pm	12:50-2pm	12:50-2pm	12:50-2pm	12:50-2pm			
2:00	Adult Swim 2-3:30pm	Adult Swim 2:00-3:30pm	Adult Swim 2:00-3:45pm	Adult Swim 2:00-3:30pm	Adult Swim 2:00-3:30pm		Family Swim 4:00-7pm	
2:30								
3:00								
3:30	Youth Swim3:30-4	Youth Swim3:30-4	Swim Lessons 3:45-4:45pm	Evanston Rec 3:30-4:30pm	Swim Lessons 3:30-4:45pm	Family Swim 4:00-7pm	Family Swim 4:00-6pm	
4:00	Swim	Y CLUB/YOU						
4:30	Lessons	4:00-4:45pm	Squid Squad 4:45-6pm	Swim Lessons 4:30-8pm	Squid Squad 4:45-6pm			
5:00	4:00-6:00pm	Swim Lessons 4:45-8:15						
5:30	Family Swim 6:00-7:00pm		Family Swim 6:00-7pm	Family Swim 7:00-8pm	Family Swim 6:00-8pm			
6:00								
6:30	Deep Water 7:00-8:00pm	Family Swim 8:15-9:00pm	Family Swim 8:00-9pm	Youth Swim 8:00-9pm				
7:00								
7:30	Evanston Rec 8:00-9:30pm	Adult 9:00-9:30	Adult 9:00-9:30	Adult 9:00-9:30				
8:00								
8:30								
9:00								
9:30								

SCHEDULE DEFINITIONS The Aquatics Facility Closes at 9:30pm The 4-Lane Pool Schedule is subject to change without notice.

The 4 Lane pool is kept between 87- 89 degrees

Adult Swim/Open is recreational pool time for members who wish to use the pool for swimming, stretching, and general exercising. Lap swimming is not prohibited, provided that it does not interfere with the general pool activities of other members. No lane lines are set up during this time.

Family Swim is recreational pool time for parents/guardians and children swimming together. No one under 14 is permitted without a parent in the water, and adults unaccompanied by children are likewise not permitted. A parent must be in the water for every 3 children under the age of 8 (1 to 3 parent/child ratio required).

Lap Swim is for lap swimming only

Open Swim is recreational time for members, children must be accompanied (1 to 3 ratio) by an adult in the water

Youth Swim is for youth that are in grades 3-8

Proper Swim Attire required: NO gym shorts, street clothes or underwear permitted in the Pools or Hot Tub

District 65 Early Out Days: Feb.1, April 11, May 2 Adult Swim 2:00-3:00, FRC 3:00- 3:45

REQUIRED: SWIM SUITS FOR ALL, STREET CLOTHES NOT PERMITTED

RUBBER SWIM PANT REQUIRED FOR THOSE NOT TOILET TRAINED

Available for purchase at the front desk)