



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## February 2012 School's Out Snack Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2	3
Breakfast					
Afternoon Snack			½ cup Ritz Crackers 4 Cheese Cubes	1 pc. String cheese ¾ cup Applesauce	1 Fresh Pear ½ cup Wheat Crackers
	6	7	8	9	10
Breakfast					
Afternoon Snack	½ cup Cottage Cheese ¾ cup Sliced Peaches	6 oz. Milk ½ cup Crispix	1 Fresh Apple 2 T Soy Butter	¾ cup Sugar Snap Peas 1 T Ranch Dip 10-14 Wheat Crackers	½ cup Whole Grain Tortilla Chips 1/3 cup Salsa
	13	14	15	16	17
Breakfast					
Afternoon Snack	3-4 pcs. Baby Carrots 1 T Ranch Dip 10-14 Wheat Crackers	1 Breadstick 1 T Marinara Sauce 6 oz. Milk	½ cup Ritz Crackers 4 Cheese Cubes	1 pc. String cheese ¾ cup Applesauce	1 Fresh Pear ½ cup Wheat Crackers
	20	21	22	23	24
Breakfast					
Afternoon Snack	½ cup Cottage Cheese ¾ cup Sliced Peaches	6 oz. Milk ½ cup Crispix	1 Fresh Apple 2 T Soy Butter	¾ cup Sugar Snap Peas 1 T Ranch Dip 10-14 Wheat Crackers	½ cup Whole Grain Tortilla Chips 1/3 cup Salsa
	27	28	29		
Breakfast					
Afternoon Snack	3-4 pcs. Baby Carrots 1 T Ranch Dip 10-14 Wheat Crackers	1 Breadstick 1 T Marinara Sauce 6 oz. Milk	½ cup Ritz Crackers 4 Cheese Cubes		

\*As part of our initiative to serve more fresh fruits and vegetables, our snack menu may vary slightly so as to ensure freshness.