

McGaw Madness! Visit McGaw YMCA 7 times for FREE until the Championship Game on April 8th!

Stop by the Front Desk to register for your 7 days and pick up your bracket! (Must be 18 years or older to participate)

MARCH MCGAW MADNESS

Name: _____

ROUND 1

Follow us on Instagram or Twitter
(M or NM)

Drop your child off at the
Beidler Babysitting Center (M)

Take a tour (NM)

Upgrade to a Family Membership
(M)

Become a Member (NM)

Do a Fitness Orientation (M)

Book a Massage (M or NM)

Sign your child up for camp
(M or NM)

ROUND 2

Attend an Aquatics Class
(M or NM)

Bring the family to
Family Fun Gym
(M or NM)

Bike 5 miles in the
Wellness Center
(M or NM)

Complete the
Iron Athlete Challenge (M)

Book Personal
Training Session(s) (M)

Walk or Run 1 mile
on the Sebring-Lewis
Center Track
(M or NM)

ROUND 3

Bring the family to
Family Fun Gym
(M or NM)

Bike 5 miles in the
Wellness Center
(M or NM)

Complete the
Iron Athlete Challenge (M)

Book Personal
Training Session(s) (M)

Walk or Run 1 mile
on the Sebring-Lewis
Center Track
(M or NM)

FINAL ROUND

Refer a friend
to McGaw
(M or NM)



Make a donation
to McGaw
(any amount makes
a difference!)
(M or NM)

Come to McGaw
at least 3 times
in 1 week
(M or NM)

ROUND 3

Sign up for a
spring program
(M or NM)

Attend a Cycling Class
(M or NM)

Attend a Yoga or
Pilates Class
(M or NM)

Come to McGaw
at least 3 times
in 1 week
(M or NM)

Attend a Cardio
or Strength Class
(M or NM)

ROUND 1

Sign your child up for a spring program
(M or NM)

Volunteer 1hr of time at McGaw
(M or NM)

Walk or ride your bike to McGaw
(M or NM)

Bring a friend to workout with you (M)

Attend a McGaw Sponsored FAN Event
(M or NM)

Like McGaw on Facebook
(M or NM)

Attend a McGaw YMCA Event
(M or NM)

Write a review of McGaw on Yelp
(M or NM)

Participate in the Bracket Challenge for your chance to WIN FREE MEMBERSHIP THROUGH 2019!

Turn in your completed bracket to the front desk by April 8th to be entered into the raffle drawing!

Round One: 1 Raffle Entry
Round Two: 2 Raffle Entries
Round Three: 3 Raffle Entries
Final Round: 5 Raffle Entries

HOW TO COMPLETE THE BRACKET CHALLENGE:
Complete one activity from each round and cross it off. There are a total of four rounds to complete. Each participant may only complete one bracket.