



**4 Lane Pool Schedule
SUMMER 2019
Monday, June 10 - Sunday, July 28**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30	Lap Swim 5:15-8:00am	Lap Swim 5:15-8:00am	Lap Swim 5:15-8:00am	Lap Swim 5:15-8:00am	Lap Swim 5:15-8:00am	Lap Swim 6:00-8:25am	Lap Swim 7:00-8:55am
6:00							
6:30							
7:00							
7:30							
	safety break 8-8:15am	safety break 8-8:15am	safety break 8-8:05am	safety break 8-8:15am	safety break 8-8:15am		
8:00	Family/Adult/Private 8:15-9:30am	Family/Adult/Private 8:15-10:00am	Adult/Private 8:15-8:45am	Family/Adult/Private 8:15-10:00am	Family/Adult/Private 8:15-10:00am	Swim Lessons 8:30-12:00pm	Aqua Fit 9:00-9:55am
8:30			Adult Lessons 8:45-9:30				
9:00	Member and CC Lessons 9:30-12:00pm	Y CAMP Lessons 10:00-12:00pm	Member/CC Lessons 9:30-12:00pm	Family Focus Lessons 10:00-12:00pm	Swim Lessons 10:00-11:00am	ES Water Polo 11:00-12:00pm	Adult Swim/Private Lesson 10:00-11:00am
9:30							
10:00							
10:30							
11:00							
11:30	MAC 11:00-12:00pm						
12:00	Aqua Fit 12:05-12:55pm	Aqua Fit 12:05-12:55pm	Adult Swim 12:05-12:55pm	Deep Water 12:05-12:55pm	Aqua Fit 12:05-12:55pm	Family Swim 12:00-2:00pm	Family Swim 12:00-2:00pm
12:30	Family/Adult 1:00-1:55pm	Y CAMP Lessons 1:00-3:00pm	Family/Adult 1:00-1:55pm	Power Scholars Lessons 1:00-2:30pm	Family/Adult 1:00-1:55pm	Pool Party 2:00-4:00pm**	Pool Party 2:00-4:00pm**
1:00							
1:30	safety break 1:55-2pm		safety break 1:55-2pm		safety break 1:55-2pm		
2:00	Adult Swim 2:00-3:00pm	Adult Swim 3:00-3:45pm	MAC 2:00-3:00pm	Adult Swim 2:30-3:45pm	Adult Swim 2:00-3:00pm	Youth Swim 3-3:30	Youth Swim 3:30-4
2:30							
3:00	Youth Swim 3-3:30		MM Swim Lessons 3:00-4:00pm		Youth Swim 3-3:30		
3:30	Youth Swim 3:30-4				Youth Swim 3:30-4		
4:00	Swim Lessons 4:00-6:00pm	Swim Lessons/ Squid Squad 3:50-7:20pm	Swim Lessons 4:00-6:00pm	Swim Lessons/ Squid Squad 3:50-7:20pm	Adult Swim/ Private Lesson 4:00-6:00pm	Family Swim 4:00-6:30pm	Family Swim 4:00-5:30pm
4:30							
5:00							
5:30	Family Swim 6:00-7:00pm	Adult Lessons 7:20-8:05pm	JR. Lifeguard 6:00-7:00pm	Adult Lessons 7:20-8:05pm	Family Swim 6:00-8:00pm		
6:00							
6:30	Deep Water 7:00-7:55pm	Adult Swim 8:05-9:30pm	Aqua Fit 7:00-7:55pm	Adult Swim 8:05-9:30pm	Adult Swim 8:05-9:30pm		
7:00							
7:30	Adult Swim 8:00-9:30pm	Adult Swim 8:05-9:30pm	Adult Swim 8:05-9:30pm	Adult Swim 8:05-9:30pm	Adult Swim 8:05-9:30pm		
8:00							
8:30	Adult Swim 8:00-9:30pm	Adult Swim 8:05-9:30pm	Adult Swim 8:05-9:30pm	Adult Swim 8:05-9:30pm	Adult Swim 8:05-9:30pm		
9:00							
9:30							

The 4-Lane Pool Schedule is subject to change without notice. The 4L Pool is maintained at 85 degrees

Scheduled opening for the 4 lane pool is 5:15am.

Adult Swim is for adults only. It is recreational pool time for members who wish to use the pool for swimming, stretching, and general exercising. One lane line is set dividing pool for lap and recreational exercise. Lane line can only installed if the pool is clear of patrons or if extra staff is available (such as a deck supervisor or instructor).

Family Swim is recreational pool time for parents/guardians (18 and older) accompanying children in the water. An adult must be in the water for every 3 children under the age of 8 (1 to 3 ratio under 8, 1 to 5 ratio over 8)

Lap Swim is for lap swimming only, 4 lanes are available. *Private lessons with Manager approval

Family/Adult is recreational time for members, children must be accompanied (age/ratio, see Family swim above) by an adult in the water. Lane lines may not be put in, safety line is required at 3.5 ft. Private lessons may be taught at this time.

Youth Swim is for youth that are in grades 3-8. No Adults may swim. *Use Youth Locker Rooms*

Private Lessons may be taught during this time to participants of any age. *Private lessons may be taught with Manager approval

Pool Party for parties booked. If there are no parties, this is adult swim/privates lessons.

Proper Swim Attire required: NO gym shorts, street clothes or underwear permitted in the Pools or Hot Tub

**REQUIRED: SWIM SUITS FOR ALL, STREET CLOTHES NOT PERMITTED
RUBBER SWIM DIAPER REQUIRED FOR THOSE NOT TOILET TRAINED
(Available for purchase at the front desk)**

***Safety Break is for lifeguards to adjust lane or safety lines. Pool must be clear of all patrons.**

SHUT DOWN begins Saturday, August 17