



SEBRING LEWIS CENTER

June 10th - June 16th

| | Monday | | Tuesday | | Wednesday | | Thursday | | Friday | | Saturday | | Sunday | |
|----|--------------------|--|---------------------------------|--|--------------------|--|--------------------|--|--------------------|--|--------------------|--|--------------------------------|--------------------|
| | North | South | North | South | North | South | North | South | North | South | North | South | North | South |
| 5 | | | | | | | | | | | | | | |
| 6 | | OPEN 5-6a | | OPEN GYM 5-7a | | OPEN 5-6a | | OPEN GYM 5-7a | | OPEN 5-6a | | | | |
| 7 | | Basic Training 6-7a | | OPEN GYM 5-7a | | Basic Training 6-7a | | OPEN GYM 5-7a | | Basic Training 6-7a | | | OPEN GYM 6-7:30a | |
| 8 | | OPEN GYM 7-8a | | Floor Cleaning | | OPEN GYM 5a-8:15a | | Floor Cleaning | | OPEN GYM 7-9a | | OPEN GYM 6a-8:30a | | |
| 9 | | Set up | | Set up | | ZUMBA 8:30-9:30a | | Set up | | Set up | | Set up | | |
| 10 | FAMILY AND ADULT | Connelly Martial Arts Camp 8:30a-3:30p | FAMILY AND ADULT | Connelly Martial Arts Camp 8:30a-3:30p | FAMILY AND ADULT | Connelly Martial Arts Camp 8:30a-3:30p | FAMILY AND ADULT | Connelly Martial Arts Camp 8:30a-3:30p | FAMILY AND ADULT | Connelly Martial Arts Camp 8:30a-3:30p | OPEN GYM 5a-9p | Connelly Martial Arts Camp 8:30a-3:30p | Set up Vortex Volleyball 9-11a | OPEN GYM 7-9:15a |
| 11 | OPEN GYM 5a-3p | | OPEN GYM 7:30a-12:30p | | OPEN GYM 9:30a-3p | | | | | | | Take Down | ZUMBA 9:30-10:30a | OPEN GYM 7-9a |
| 12 | | | Set up | | | | | | | | | | take down | |
| 1 | | | Children's Center Day Camp 1-3p | | | | | | | | | | | |
| 2 | | | | | | | | | | | | | | |
| 3 | | | | | | | | | | | | | | |
| 4 | OPEN GYM 3-9p | Take down | OPEN GYM 3:30-9p | Take down | OPEN GYM 3-6p | Take down | OPEN GYM 3:30-9p | Take down | OPEN GYM 3:30-9p | Take down | | | | |
| 5 | | OPEN GYM 4-6:30p | | OPEN GYM 4-5:30p | | OPEN GYM 4-7p | | OPEN GYM 4-4:45 | | Family Fun Gym 4:30-6:30p | | | | |
| 6 | | | | set up | | | | Teakwon Do 5:15-8p | | Grab-A-Game Volleyball 7:15-9pm | | | | |
| 7 | | Set up | | OPEN Volleyball 6-9pm | | Adult Pick up Basketball Games 6-9p | | | | | | | | |
| 8 | | OPEN Soccer 9-Jul | | | | | | | | | | | | |
| 9 | ADULT OPEN 9-9:45p | ADULT OPEN 9-9:45p | ADULT OPEN 9-9:45p | ADULT OPEN 9-9:45p | ADULT OPEN 9-9:45p | ADULT OPEN 9-9:45p | ADULT OPEN 9-9:45p | ADULT OPEN 9-9:45p | ADULT OPEN 9-9:45p | ADULT OPEN 9-9:45p | ADULT OPEN 9-9:45p | ADULT OPEN 9-9:45p | ADULT OPEN 9-9:45p | ADULT OPEN 9-9:45p |

PLEASE ABIDE BY THE FOLLOWING WHEN USING THE SEBRING LEWIS CENTER GYMNASIUM:

For more information check the Guide!

- NO DUNKING PERMITTED ON THE RIMS**
- SHIRT & GYM SHOES MUST BE WORN ON THE COURT NO BOOTS**
- FOR OPEN GYM TIME 30 PEOPLE PER COURT IS THE MAXIMUM**
- PLEASE NO FOOD IN THE GYM AND ALL LIQUIDS MUST HAVE A SECURE LID**
- PLEASE SEE A GYM STAFF FOR A LOCK TO SAFELY SECURE YOUR VALUABLES WHILE IN THE GYM**
- SEE GYM FLOOR WILL BE CLEANED TUESDAY/THURSDAY MORNINGS**

GYM SCHEDULE DETAILS:

FAMILY FUN GYM - Is a time for ADULT CAREGIVERS and children to play together & all children must be accompanied by an adult

ALL YOUTH UNDER THE AGE OF 11 MUST BE ACCOMPANIED BY AN ADULT 16 YEARS OR OLDER WHILE IN THE GYM AT ALL TIMES

ADULT OPEN- IS FOR ANYONE OVER 17 YEARS OF AGE AND OLDER & A REMINDER THAT CURFEW IN EVANSTON IS 10p FOR ANYONE UNDER THE AGE OF 17 years M-TH

INDIVIDUALS UNDER THE AGE OF 17 MUST CLEAR THE GYM FOR ADULT OPEN TIMES

ACTIVITIES IN BOLD ARE FREE AND OPEN TO OUR MEMBERS

Schedule subject to change. Check the Y APP for updated information. Or www.mcgawymca.org