

# WHAT TO BRING: Camp Echo 1 Week Packing List



Camp Echo has partnered with Uncle Dan's: [www.udans.com](http://www.udans.com) 901 Church St, Evanston, IL. Uncle Dan's is offering a 10% discount on any items that are not already on sale. When shopping online, enter the word "ECHO" at checkout.

Do not pack medications (prescription or over the counter) in your luggage  
– you will need to check them in with staff

## Clothing

- \_\_\_ 5 shirts or T-shirts
- \_\_\_ 2 pairs of long pants
- \_\_\_ 3 pairs of shorts
- \_\_\_ underclothes for 6 days
- \_\_\_ socks for 6 days
- \_\_\_ 1 or 2 swimsuits
- \_\_\_ 1 or 2 beach towels
- \_\_\_ 1 light jacket
- \_\_\_ 2 sweaters/sweatshirts/fleece
- \_\_\_ 1 poncho or light raincoat
- \_\_\_ 1 pair of pajamas
- \_\_\_ 1 hat or cap
- \_\_\_ 1 pair of sandals or crocs for walking around
- \_\_\_ 1 pair of flip-flops for shower use only
- \_\_\_ 1 pair of closed-toe shoes  
(gym shoes / athletic shoes / boots)

## Bedding

- \_\_\_ sleeping bag (cabin use and overnights)  
& stuff sack
- \_\_\_ pillow & 1 pillow case
- \_\_\_ fitted sheet (twin)

## Optional

- \_\_\_ sheets & blankets (cabin use only)
- \_\_\_ books to read during Saska (rest hour)
- \_\_\_ sunglasses
- \_\_\_ musical instrument
- \_\_\_ deck of cards, travel-size board games
- \_\_\_ comic books or magazines to share
- \_\_\_ music players without screens and/or WiFi  
(ie iPod Shuffle)

## Other Items

- \_\_\_ soap and soap container
- \_\_\_ toothbrush and toothpaste
- \_\_\_ washcloth and bath towels
- \_\_\_ shampoo and conditioner
- \_\_\_ comb and/or brush
- \_\_\_ water bottle
- \_\_\_ writing tablet, pens, and pencils
- \_\_\_ envelopes (pre-stamped, pre-addressed)
- \_\_\_ extra postage stamps
- \_\_\_ flashlight (pack batteries separately)
- \_\_\_ bug repellent with DEET
- \_\_\_ sunscreen
- \_\_\_ "wacky" apparel to wear on Wacky Wednesday
- \_\_\_ **bag lunch for the bus ride to camp – carry on!**

## Do Not Bring

### Electronic Screens or WiFi-enabled Products:

- Cell phones
- Game devices (ie Nintendo DS or PSP)
- MP3 players with a screen (ie iPod Touch, Classic, or Nano)
- Devices with Internet connectivity
- E-readers (ie iPad, Kindle, or Nook)
- Wearable technology (ie smart watches and fitness tracking devices)
- glass containers (aerosol cans discouraged but permitted)
- guns, knives, weapons of any sort
- bottled drinks or food (other than for bus to camp)
- alcohol, tobacco products, illegal drugs, or intoxicants
- money, valuable jewelry, or keepsakes (or pets!)
- matches, lighters, firecrackers, sparklers, or equivalent

The McGaw YMCA is not responsible for lost or stolen clothing or items.  
Please label everything.