



6 Lane Pool Schedule Fall 2019 September 16 - September 22

Time	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20	Saturday 21	Sunday 22			
5:30	Lap Swim 5:15-9:00am [6]	Lap Swim	Lap Swim 5:15-9:00am [6]	Lap Swim	Lap Swim	MYST Masters 6:00-7:15am [3]	Lap Swim 7:00-9:00am [6]			
6:00		5:15-6:00am [6]		5:15-6:00am [6]	5:15-6:00am [6]					
6:30		MYST Masters 6:00-7:15am [3]		MYST Masters 6:00-7:15am [3]	MYST Masters 6:00-7:15am [3]	MYST 6:00-6:30am [3]				
7:00		Lap Swim 7:15-9:00am [6]		Lap Swim 7:15-9:00am [6]	Lap Swim 7:15-9:00am [6]	MYST 6:30-7:30am [2]		Lap Swim 7:15-8:40am [6]		
7:30		Aqua Fit 9:00-9:55am [3]		Lap Swim [6]	Aqua Ex 9:00-9:55am [2]	Lap Swim [6]		Aqua Fit 9:00-9:55am [3]	Swim Lessons 8:40-11:00 [4] MYST/Lessons	Adult Swim Lesson 9:00-10:00am [3]
8:00		Lap Swim [6]		Aqua Ex [L5&6] 9:00-11:00pm	Lap Swim [6]	Aqua Ex [L5&6] 9:00-11:00pm		Lap Swim [6]	11:00-11:20am [2]	Swim Lessons 10:00-12:00pm [4]
8:30	Aqua Ex [L5&6]	Lap Swim [6]	Aqua Ex [L5&6]	Aqua Ex [L5&6]	Aqua Ex [L5&6]	MYST 11:20-12:00pm [4]	Lap Swim 12:00-5:30pm [6]			
9:00	10:00-11:00pm	Lap Swim [6]	Lap Swim [6]	Lap Swim [6]	Lap Swim [6]	12:00-1:00pm [0]				
9:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	1:00-1:30pm [2]				
10:00	Lap Swim [6]	Lap Swim [6]	Lap Swim [6]	Lap Swim [6]	Lap Swim [6]	Lap Swim 1:30-6:30pm [6]				
10:30	Aqua Ex [L5&6]	Aqua Ex [L5&6]	Aqua Ex [L5&6]	Aqua Ex [L5&6]	Aqua Ex [L5&6]					
11:00	10:00-11:00pm	Lap Swim [6]	Lap Swim [6]	Lap Swim [6]	Lap Swim [6]					
11:30	Lap Swim	Lap Swim [6]	Lap Swim [6]	Lap Swim [6]	Lap Swim [6]					
12:00	Lap Swim	Lap Swim [6]	Lap Swim [6]	Lap Swim [6]	Lap Swim [6]					
12:30	11:00-1:00 [6]	Lap Swim [6]	Lap Swim [6]	Lap Swim [6]	Lap Swim [6]					
1:00	Lap Swim [6]	Lap Swim [6]	Lap Swim [6]	Lap Swim [6]	Lap Swim [6]	Lap Swim 1:30-6:30pm [6]				
1:30	Aqua Ex [L5&6]	Aqua Ex [L5&6]	Aqua Ex [L5&6]	Aqua Ex [L5&6]	Aqua Ex [L5&6]					
2:00	Lap Swim [6]	Lap Swim [6]	Lap Swim [6]	Lap Swim [6]	Lap Swim [6]					
2:30	Aqua Ex [L5&6]	Aqua Ex [L5&6]	Aqua Ex [L5&6]	Aqua Ex [L5&6]	Aqua Ex [L5&6]					
3:00	1:00-4:00pm	1:00-4:00pm	1:00-4:00pm	1:00-4:00pm	1:00-4:00pm					
3:30	MYST 4:00-6:00pm [0]	Swim Lessons 4:00-5:20pm [3] 5:20-6:00pm [0]	MYST 4:00-6:00pm [0]	MYST Swim Lessons 4:00-6:00pm [0]	MYST 4:00-6:00pm [0]					
4:00	Lap Swim	Lessons 6-6:30p [6]	Lap Swim	Lap Swim	Lap Swim 6:00pm-9:30pm [6]					
4:30	6:00-7:00pm [6]	MYST 6:30-7:00 [3]	Lap Swim	Lap Swim						
5:00	MYST 7:00-8:30pm [0]	7:00-8:30pm [0]	MYST 7:00-8:30pm [0]	MYST 7:00-8:30pm [0]						
5:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim						
6:00	6:00-7:00pm [6]	Lap Swim	Lap Swim	Lap Swim						
6:30	MYST 7:00-8:30pm [0]	Lap Swim	Lap Swim	Lap Swim						
7:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim 6:00pm-9:30pm [6]					
7:30	8:30- 9:30pm [6]	Lap Swim	Lap Swim	Lap Swim						
8:00		Lap Swim	Lap Swim	Lap Swim						
8:30		Lap Swim	Lap Swim	Lap Swim						
9:00		Lap Swim	Lap Swim	Lap Swim						
9:30		Lap Swim	Lap Swim	Lap Swim						

** The number inside the [] is the number of lanes open for Lap Swim

**Lane lines may be moved 5 minutes prior to the start of a class ** Lap Swimmers must be able to swim two complete laps

Private Swim Lessons may be taught during lap swim times

Proper Swim attire required-no gym shorts, street clothes or underwear permitted in the Aquatics Facility

HOT TUB IS CLOSED SUNDAYS 10:30-1:00pm for Cleaning PLEASE Shower Before entering the Aquatics Facility

The 6L Pool is maintained at 80 degrees. Lap swim is defined as horizontal forward progress. Aqua Ex may be stationary, with or without equipment.

Pool schedule subject to change without notice